



School Gym Newsletter – Autumn Term 2013

Number (1)

For anyone with an interest in the development of gymnastics in schools

✦ Welcome and a little background.

This is the first of our termly newsletters. Our aim is to keep you well-informed of the current activities of the association and to share news, information and good practice.

✦ What is the basis for our work?

We believe gymnastics activity has an important part to play in high quality physical education for all school age children. During primary years the basic gymnastics skills of balance, agility and co-ordination together with an active lifestyle provide the essential 'ingredients' for physical literacy. At secondary school the range of gymnastic disciplines available to individuals and groups is the perfect counter-balance to a curriculum often dominated by team games. Our association commits itself to offering a **competition and participation pathway** from regional to national level that challenges children to achieve high standards and fulfil their potential.



✦ How big is our organisation?

The short answer is not big enough. Our association has a membership of around 1500 schools and individuals; that is less than **5%** of the total number across the UK. Children from schools that are affiliated demonstrate high quality in their work. However, in the great majority of schools the gymnastic ability of children goes unrecognized and unchallenged.

Our aim as a small group of volunteers is to try to increase the number of schools willing to provide a competition or festival

experience in gymnastics for their students.

✦ News of our Past President – Joan Jackman OBE

Schools that have regularly attended our competitions down the years will be very familiar with the name of Joan Jackman. Joan has now relinquished her position as president but she is always interested to hear of activity in BSGA. She remains fit and well and continues her activities on the local Parish Council in Brean Somerset.



A number of colleagues recently attended the launch of her new book *'Goldrood' The history of a Quaker Family.* Joan's Quaker ancestry can be traced back to the beginning of the 17th century. Most interesting of all, are the beautiful reproductions in the book of paintings and drawings by Joan's great grandmother. They provide a real insight into Quaker social life in the mid 1800's and beyond. The book costs £20.00 and signed copies can be purchased from Joan herself. Goldrood, South Road, Brean Burnham-on-Sea, Somerset TA8 2S

✦ £500.00 for your region

Grants up to £500.00 are available to each region/home country that attempts to increase participation in BSGA events. Any competition organiser can apply for a form from their regional secretary. The application form is easy to complete (less than 1 A4 page). It has to be submitted by the end of October 2013.



✦ Milano Pro Sport announced as new sponsor

Milano Pro Sport has agreed a two year sponsorship with BSGA. At a time when private funding is difficult to find this is great news. As part of the agreement the company has sole right to attend our regional and national events and sell their merchandise. Regional and national competition organisers can still invite other companies to attend their competitions providing they are not selling any garments or associated gymnastics products available through Milano Pro Sport.

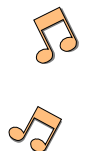


✦ Milano Team Finals 2014

The Milano Team finals are set to run over two days: Secondary Schools - Friday 7th March 2014, Primary Schools - Saturday 8th March 2014. Please remember **two teams, preferably from two different schools** can be entered in each section of the competition. That is six teams in each age group on each day. This is an attempt to allow new schools to experience a national event.

✦ Music download for national finals

Following the successful pilot last year, all schools gaining a place in the Milano Team, Floor and Vault or Acrobatics finals will be required to email their competitors music in attached files to the music controller. brucebsgacomp@aol.com This will speed up the event and avoid problems often experienced using discs. You will still be required to bring discs for back-up purposes.



✦ The Website

Our membership has welcomed the new BSGA website. Affiliation can easily be completed on-line and the site provides comprehensive detail of all rules related to our competitions. We do need our regions and home country members to provide us with local news items, results and dates.



BSGA WEBSITE

Look here to find out everything you need to know...

Download the new rules for all competitions!!!
> Download handbook
> Another way to affiliate for Schools & Individuals
> Keep up to date with events in your region

www.bsga.org

ATTENTION ALL - ATTENTION ALL
THERE ARE NEW RULES AND BALANCES
FOR THE ACROBATICS AND FOR THE NEW
MILANO TEAM CHAMPIONSHIPS
Please read carefully

✦ U K Sainsbury's School Games (Level 4)

The UK Sainsbury's School Games were held in Sheffield 12-15 September. In many regions our schools follow the Key Step programme as part of Levels 1-3 in County Sports Partnerships. Level 4 is for elite school age performers. Our gymnasts see the games as a step towards future participation in the Commonwealth and Olympic Games.



The team and individual results are printed below. You can see the full results at www.2013schoolgames.com

Our congratulations must go to Catherine Lyons (England) in gaining 6 gold medals. Catherine is off to compete in Japan this week-end. Best wishes Catherine.



All Around Female

Catherine Lyons	53.50	Eng
Alice Kinsella	49.55	Eng
Maisie Methuen	48.60	Wal

All Around Male

Gianni Regini- Moran	78.90	Eng
Joe Fraser	78.00	Eng
Hamish Carter	76.40	Eng

Female Team

England	152.25
Wales	147.14
Scotland	146.00

Male Team

England	315.50
Scotland	296.70
Wales	293.80



✦ Schools Festival of Gymnastics

On the 14 and 15 June a non-competitive festival is being planned on a theme of 'The Commonwealth' at Fenton Manor by Vicki and her team. Watch this space for further information on how you can enter.

✦ Disability opportunities in gymnastics

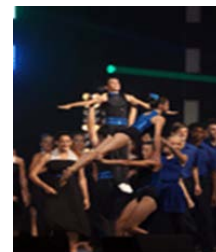
A small sub-committee is looking at ways to provide access to a competition for all children. The trampoline section plans to introduce a disability section in some regional events in the current year and acrobatics hopes to do something similar in the following season.

✦ Judging and Coaching Courses

BSGA can organise courses to help schools with judging and coaching qualifications and to help teachers prepare children for competitions. Contact howard@bsga.org for further information

Ivybridge performs at opening ceremony

Regular finalists at our National BSGA Finals, students from Ivybridge Community College in Devon performed at the opening ceremony of the UK School Games.



Set to the popular Queen song 'Don't Stop Me Now', the five-minute audio and visual spectacular included 76 talented students, aged 11-18. Combining a mixture of sport and performing arts, the piece celebrated the enjoyment of being involved in sport, the power of working together as a team, and the satisfaction gained from achieving personal goals – regardless of the obstacles that others put in your way.

✦ Our Milano Team & School Gym National Finals Organiser –Vicki Royston

No one is more committed to our organisation than Vicki. Year on year she does a fantastic job in staging three of our national finals. Given her commitment to gymnastics it must be hard to fit in other things. Here are three interesting facts about Vicki you may not know:



- she owns & drives a vintage car
- she competed in pony club events on her own horse from age eight. (a while ago!!)
- she lived on a narrow boat for 2 years covering 2,500 miles of inland waterways.

Affiliation for current year

For the first time in many years we have increased affiliation fees. They are as follows:

Secondary & Middle Schools £18.00 (£12.00 for region)

Primary Schools £12.00 ((£8.00 for region)

Individuals £6.00 (£3.00 for region)



Schools can affiliate online or through a contact in the region. (See the list below). If you affiliate on line you can download a copy of the handbook. Remember our rule book is available to any school regardless of whether affiliated or not.

Regional affiliation contact details:

East: Mr W Harris

Long Ridings Primary School Long Ridings Avenue Hutton, Brentwood CM13 1DU Tel: 01277 222488 Email: headteacher@longridings.essex.sch.uk Cheques payable to - ESGA (East Region)

East Midlands: Fay Barrington

19 Church Lane, Middleton Cheney Banbury OX17 2NR Tel: 01295 710200 (H). Email: fbarrington@magdalen.northants.sch.uk Cheques payable to: E Mids. BSGA



London: Julie Ewenson

PO Box 2771, Romford, Essex RM7 1BW Tel: 07801 517118 Email: gymjools@aol.com Cheques payable to: LSGA

North of England: Enid Harrison

3 Granwood Rd, Eston, Middlesbrough TS6 9HX Tel: 01642 457168 Email: north@baga.co.uk Cheques payable to – NESGA

North West: Mrs Pauline Nightingale

71 Seaford Road, Bradshaw, Bolton BL2 4BU Tel: 01204 301596 Email: Pauline.nightingale@hotmail.co.uk Cheques payable to – BSGA (North West)

Northern Ireland: Mrs Mandy Neild

3 Castle Park, Comber, County Down BT23 5XD Tel: 02891 874310(H) Cheques payable to – NISGA

Scotland: Ashleigh Runciman

Scottish Gymnastics, sportscotland Caledonia House, Redheughs Riggs South Gyle, Edinburgh EH12 9D Tel: 01786 466232 ext 118 (from October/November 2013)

South: Janet Payne

59 Gladys Avenue, North End Portsmouth, PO2 9BB Tel: 02392 666219 Email: hockeytramp@btinternet.com



South East: Mark Gill

36 The Moor Road, Sevenoaks, Kent TN14 5EB Tel: 01732 455666 Email: mark.d.gill@btinternet.com

South West (Cheques payable to: BSGA then county name)

Devon/Cornwall: Yvonne Budd

90 Quarry Lane, Exeter, Devon EX2 5PP Tel: 01392 662547 Email: yvonnebudd@tesco.net

Somerset: Hazel Yates

Little Manor, Greinton, Bridgwater Somerset TA7 9BW Tel: 01458 210228 Email: hazelyates@greinton.freereserve.co.uk

Wiltshire/Gloucester./Dorset: Sarah Kendrick

11 Giles Hollow, Warminster, Wiltshire BA12 9GY Tel: 01985 846465 Mob: 07790 858284 Email: sarah_kendrick@live.co.uk

Wales: Annette Brown

Welsh Gymnastics, Sport Wales National Centre Sophia Gardens, Cardiff CF11 9SW

Tel: 02920 334962 Mob: 07970 077303

Email: annette.brown@welshgymnastics.org

Cheques Payable to - Welsh Gymnastics

West Midlands: Mary Small

319 Franklin Road, Kings Norton, Birmingham B30 1NH Tel: 01214 592591 Email: tonymarysmall@hotmail.co.uk Cheques payable to: WMSGGA

Yorkshire: George W. Smith

24 Wordsworth Avenue, Bolton-le-Sands, Carnforth, Lancaster LA5 8HJ Tel: 07796 222152 Cheques payable to - YSGA

Have you a copy of the 2013/2014 rule book?



Download at www.bsga.org and check you are up to date with the most recent changes

Trampoline Zone & National Finals

19/01/14 **Central Zone** Loughborough Leisure Centre

25/01/14

South Zone Hayes

School Hayes BR2 7DB

02/02/14

North Zone The Sports Arena, West Park, Walton Street, Hull HU3 6GA March

National Final Gateshead Leisure Centre (Date to be confirmed)



Please give us your feedback

BSGA needs to hear your suggestions on how we might improve our national events and our communication. **Please email us with your thoughts and contributions for the spring edition of the newsletter.**

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I Howard Todd (Chair)

